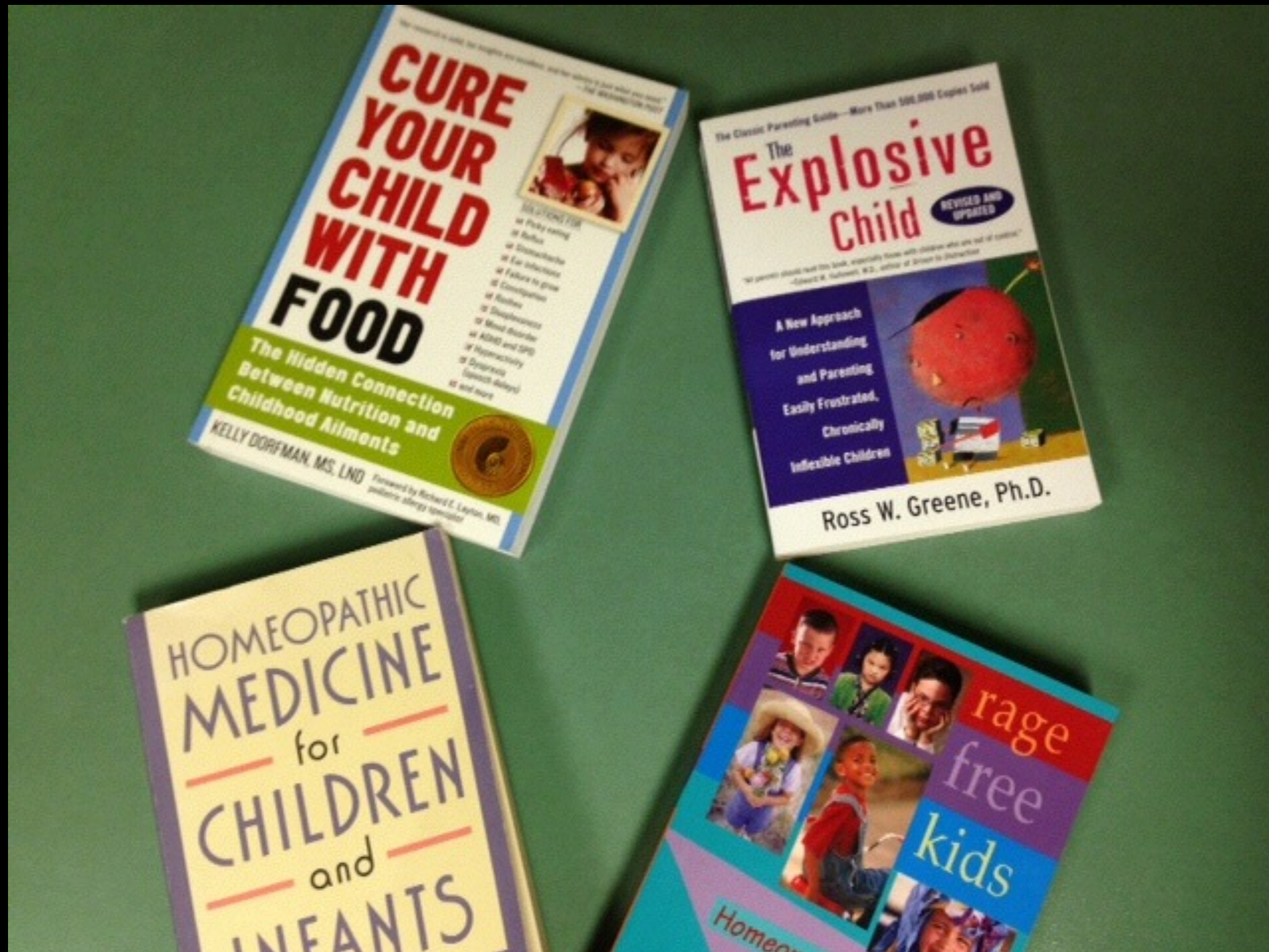


# HOMEOPATHIC TREATMENT OF CHILDREN WITH PSYCHOLOGICAL & PSYCHIATRIC PROBLEMS



# STATISTICS ON PEDIATRIC PSYCHIATRIC DISORDERS

- More than 25% of American children and teenagers are being medicated. Out of these, 7 million prescriptions or refills each year are for ADHD, 1 million for antidepressants, and 1.4 million for antipsychotic drugs. Between 1996 and 2005, use of antidepressants doubled for both children and adults from 5% to over 10% of the population in the U.S. Some of the drugs involved were studied primarily or exclusively for adults, resulting in little or no information on proper dosing or attention to safety or efficacy in children. (Ullmans, 2012).

# PSYCHIATRIC MEDS CAN CAUSE SUICIDE AND HOMICIDE IN KIDS

- **SSRIs have been associated with suicide in children.** In 2004, the FDA issued a black box warning for all antidepressants.
- **“In virtually every mass SCHOOL SHOOTING during the past 15 years, the shooter has been on or in withdrawal from psychiatric drugs.”** (Lawrence Hunter of the Social Security Institute)

# LONG-TERM CONSEQUENCES OF PSYCHIATRIC DRUGS ON KIDS NOT STUDIED...

- Since the long-term consequences of antidepressant use in children has not been studied, parents and practitioners should exercise great caution, weighing the pros and cons. In fact, why not consider homeopathy as an alternative, especially considering how extremely effective the remedies are?

# MULTIPLE DIAGNOSES FOR CHILDREN

- Children are getting diagnosed with multiple diagnoses over the last decade. The main dx used to be ADHD, and now it's a multitude of various diagnoses such as Oppositional Defiance, Asperger Syndrome, Learning disability, and Sensory Integration Disorder.
- Of course, in homeopathy, we find a remedy based on the unique and characteristic symptoms of the person rather than the person's diagnosis/label.

# HOMEOPATHIC CARE FOR KIDS VERSUS ADULTS

- In homeopathy, we treat children similarly as adults. There are just a few notes to be made here:
- 1) Compared to adults, I have found children respond much more rapidly, deeply, and extensively to homeopathic treatment. In many cases, one dose of a properly selected remedy can bring about complete cure on all levels (physical, mental and emotional).
- 2) Children cannot and do not often readily give you all the information you might need to figure out how they tick. You have to use much intuition and also discuss the case with their parents or other caretakers. (If possible, I often have the parents come in first and tell me all about the child, THEN I have the child join us.)
- It's important to be able to communicate with children at their own level so that they are more likely to open up and tell you about themselves.

# HOMOEOPATHIC CARE FOR KIDS VERSUS ADULTS

- 3) We see fear in adults as well as in children. However, I seem to treat fear much more commonly in my pediatric population versus adults.
- I have treated numerous cases of various types of fears with very basic remedies such as Nat mur or Pulsatilla. However, some with more severe and debilitating fears may require less known remedies such as Stramonium.

# KIDS LOVE THE REMEDIES!

- Since homeopathic remedies taste good and last for long periods of time (i.e. weeks to months), it is extremely easy to dose children. In fact, it's extremely common for my pediatric patients to tell their parents, "Let's go to Dr. Sharif's office to get those sugar pills!"



# REMEDIES DO NOT DULL A CHILD'S AFFECT AND PERSONALITY

- Homeopathic treatment does not negatively impact a child's affect, or bring about any undesirable new symptoms. Drugs, on the other hands, can dull a child's personality, not to mention other possible side effects.

# HOMOEOPATHIC MEDICINE... CHANGING THE FUTURE OF OUR WORLD ONE CHILD AT A TIME

- Homeopathic care helps children (like adults) to go beyond just feeling OK- the treatment can help children literally blossom into a highly functional and energetically vibrant version of themselves.
- Since homeopathic care is often curative (or at least is certainly not just palliative), children do not develop the attitude of becoming dependent on any drugs, and thus are probably less likely to turn to illicit drugs as they mature into adolescence and adulthood.
- Treating children homeopathically is probably one of the most effective ways of helping positively impact the psychological (as well as physical) health of the future generations as well as the future of the Earth.

# VIDEOS OF CHILDREN ON OUR SITE

- Under Kids Corner page of the [www.DrSharif.com](http://www.DrSharif.com) site, there are a number of videos of children that you can watch for educational purposes.